

## **From Jim Steyer at Common Sense:**

Dear Common Sense community,

Amid the COVID-19 anxiety, school shutdowns, work-from-home directives, and more, we at Common Sense have resources to help families and schools navigate this unpredictable time. As a parent and a teacher myself, I know it can feel overwhelming for families and teachers to adjust their plans on the fly.

Helping our communities choose media and tech that can keep kids engaged, entertained, and learning is core to our organizational mission. Whether you have kids at home or you need to develop plans to help kids learn outside the classroom, we think you'll find something useful below.

### **Media recommendations for entertainment**

Hand-picked, age-appropriate media suggestions to keep the whole family engaged.

- [Best Music Apps and Games for Kids](#)
- [New Kids' TV Shows](#)
- [50 Books All Kids Should Read Before They're 12](#)
- [Best Family Movies](#)
- [Common Sense Selections](#) highlighting the best movies and TV shows
- [Sibling Watch-Together TV](#)
- [Best Documentaries for Kids and Families](#)

### **Resources for at-home learning**

Tools to help parents and caregivers keep kids focused and learning at home.

- [17 Apps to Help Kids Stay Focused](#)
- [Apps That Act Like Math and Science Tutors for Homework Help](#)
- [Free Educational Apps, Games, and Websites](#)
- [Top Time-Management Apps](#)

### **Stress-management resources**

- When everything feels overwhelming, check out [tips for taking in rapidly changing news](#).
- De-stress together with [meditation apps for kids and families](#).

- Get the blood flowing and elevate the mood with these [25 dance games](#) (you might need to buy a special control from Amazon).
- [Apps, websites, and video games](#) that inspire running, jumping, and more to stay active.
- Don't forget to enjoy a [device-free dinner](#) or two.

You can always visit [commonsensemedia.org](https://commonsensemedia.org) or [commonsense.org/education](https://commonsense.org/education) for more resources and support.

Take care,  
Jim Steyer

P.S.: Here are a few ways you can support our community:

- Forward this email to your friends and network.
- Share our articles on your social media pages.
- Consider [joining Common Sense Media Plus](#), our new membership program.

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We are a nonprofit organization dedicated to improving the lives of kids and families.

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Common Sense Media  
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