



Family Network

Supporting Families Throughout the Lifespan

Presents...

Creating A Vision for A Good Life Workshop Series

The LifeCourse Framework and Tools were created by families to help individuals and families of all abilities and ages to:

- Develop a vision for a Good Life;
- Think about what they need to know and do;
- Identify how to find or develop supports; and
- Discover how to have an "Everyday Life" in their community.

Each Session will focus on a different part of the LifeCourse Toolkit and how to apply it to your Life Situation. Join us for one, some or all sessions! Community Resource and Service Information tables will be available at each session!

<u>Date*</u>	<u>Workshop Title</u>	<u>Time</u>	
		<u>Workshop</u>	<u>Resource Fair</u>
Monday, September 23, 2019.....	Creating a Vision for a Good Life.....	1:00-3:00 pm...	12:30-1:00 pm
Monday, September 23, 2019.....	Creating a Vision for a Good Life.....	6:00-8:00 pm.....	8:00-8:30 pm
Thursday, October 10, 2019.....	Star Power.....	6:00-8:00 pm.....	8:00-8:30 pm
Monday, November 4, 2019.....	Life After High School.....	6:00-8:00 pm.....	8:00-8:30 pm
Thursday, February 13, 2020.....	Safety in Your Community.....	6:00-8:00 pm.....	8:00-8:30 pm
Monday, March 16, 2020.....	Healthy Relationships & Sexuality.....	6:00-8:00 pm.....	8:00-8:30 pm
Tuesday, April 14th, 2020.....	Peace of Mind Planning (Long Term)..	6:00-8:00 pm.....	8:00-8:30 pm

**Location: Allegheny Intermediate Unit
475 E. Waterfront Drive
Homestead, PA**

Registration is required and will be accepted until 2 days prior to each Workshop.

For questions and registration, please call 1-844-PAFamily (1-844-723-2645) or email

PaFamilyNetwork@visionforequality.org

* Please submit all requests for needed accommodations and/or alternate formats at the time of registration at least 3 weeks prior to the scheduled session.



Vision for Equality

Serving People with Disabilities and Their Families

Supported by the PA Office of Developmental Programs