

Brentwood Borough School Wellness Policy Building Annual Progress Report

School Name: Elroy Elementary and Moore Elementary
 Contact: Barbara Pagan and Bonnie Betler

Wellness

The purpose of this tool is to document each school's progress in meeting the expectations of the district's wellness policy. Schools will document the steps that have taken or will take place. The items that are completed at the district level should be prefilled to inform all school staff of the implementation status of all goals.

Wellness Policy Language	Fully in place	Partially in place	Not in place	Currently in Place	Options for Expansion
Nutrition Education and Promotion Goals					
1. Teach, encourage, and support healthy eating by students. This will promote student health and student readiness to learn.	X			Students learn the MyPlate to develop a healthy eating habit.	
2. Nutrition education will be provided within the comprehensive health education program in accordance with State Bd of Ed. curriculum and academic standards for Health, Safety, PE & Family Consumer Science.	X			Nutrition lessons are in accordance with the state standards.	
3. Nutrition education shall provide students with the knowledge and skills needed to lead healthy lives.	X			Students are taught about the importance of nutrition and how they can relate it to their own lives. The students are taught to value the benefit of a healthy, well-rounded diet.	
4. Staff responsible for providing nutrition education shall be trained and shall participate in appropriate professional development.	X			Staff is certified in Health and Physical Education K-12.	

5. Nutrition curriculum shall be behavior-focused skills, may take place in the various learning laboratories, and be age appropriate.	X			Students health curriculum is grade level appropriate and taught during students regularly scheduled physical education courses.	
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Wellness Policy Language	Fully in place	Partially in place	Not in place	Currently in Place	Options for Expansion
Nutrition Program					
1. Nutrition program will create food environments that encourage healthy nutrition choices and participation in school meal programs.	X			We follow the guidelines for the NSLP and NSBP that encourages whole grains, fruit, and veggies, as well as only smart snack compliant ala carte items. Wellness Wednesdays are conducted in the elementary schools monthly offering a sample of a new healthy recipe of an upcoming item.	The FSD can make classroom visits to go over a Nutrition Education lesson with the students about topics such as "is my tray okay", importance of eating fruits & veggies, the hungry caterpillar where the students create their own healthy snack, and more.
2. Staff will cooperate with agencies and community organizations to provide opportunities to explore healthy living lifestyles.	X			Elroy and Moore have an assembly each year for the students presented by the American Heart Association.	
3. Consistent nutrition messages will be disseminated and displayed throughout the district, schools, classrooms, etc.	X				The Health Office at Moore has nutrition themed posters and bulletin board displays to encourage healthy living. I will also try for the 2018-2019 school year to

					arrange for a nutritional/ educational assembly.
4. District schools will offer resources about health and nutrition to encourage parents and guardians to provide healthy meals.		X			At upcoming open house days, the FSD will be on site talking to parents and giving out resources to encourage healthy meals, as well as having samples of school meal options.

Wellness Policy Language	Fully in place	Partially in place	Not in place	Currently in Place	Options for Expansion
Physical Activity/Education					
1. Age appropriate physical activity opportunities shall be provided to meet the needs and interests of all students.	X			All students take part in physical activity adapted to their specific fitness and sport abilities to ensure all students success.	

2. District shall partner with parents/guardians and community members and organizations to support programs that encourage lifelong physical activity.	X			Elroy and Moore students take part in Jump Rope for Heart, students communicate the important heart healthy messages to parents/guardians. At Elroy and Moore schools have a "Field Day" that encourages physical activity. We ask for parent/guardian volunteers and partner with local business to support physical activity.	
3. Physical education curriculum with Health, Safety, and Physical Education academic standards shall be developed and implemented. All students must participate in physical education. Physical activity shall not be used or withheld solely as a form of punishment.	X			Students at Elroy and Moore have a total of 80 minutes a week of Physical Education. The units in Physical Education Class are aligned with the state standards.	
4. Appropriate professional development shall be provided for physical education staff.	X			Throughout the school year the physical education staff receives professional development.	The professional development could focus more on physical education.
Wellness Policy Language	Fully in place	Partially in place	Not in place	Currently in Place	Options for Expansion
Other School Based Goals					

1. Nutrition professionals who are following federal regulations shall administer the school meals program. Professional development shall be provided to the staff as required by federal regulations.	X			All staff are trained annually. The training meets or exceeds the federal regulations.	
2. All food and beverages provided through the National School Lunch program shall comply with federal nutrition standards.	X				
3. Competitive foods shall meet or exceed the established federal nutrition standards (USD Smart Snacks in Schools).	X			All foods meet or exceed the federal nutrition standards.	
4. Non-competitive foods include but are not limited to rewards/incentives, classroom parties, classroom snacks shall meet or exceed the standards set forth in this policy.	X			We have a "No Food Policy" for the elementary classrooms.	
5. The district will work to reduce the likelihood of severe allergies, implement an immediate response procedure, and protect the rights of students by implementing accommodations when required.	X			District wide staff is required to complete Allergy Ready training online, print certificate, and demonstration EpiPen administration to nurse.	

Brentwood Borough School Wellness Policy Building Annual Progress Report

School Name: **Middle/High School**

Wellness Contact:

The purpose of this tool is to document each school's progress in meeting the expectations of the district's wellness policy. Schools will document the steps that have taken or will take place. The items that are completed at the district level should be prefilled to inform all school staff of the implementation status of all goals.

Wellness Policy Language	Fully in place	Partially in place	Not in place	Currently in Place	Options for Expansion
Nutrition Education and Promotion Goals					
1. Teach, encourage, and support healthy eating by students. This will promote student health and student readiness to learn.	X			Students review the MyPlate guidelines and healthy choices in health and food classes.	
2. Nutrition education will be provided within the comprehensive health education program in accordance with State Bd of Ed. curriculum and academic standards for Health, Safety, PE & Family Consumer Science.	X			Teaching nutrition education 6-12 in health and food classes following state standards	
3. Nutrition education shall provide students with the knowledge and skills needed to lead healthy lives.	X			Educating students with information to make smarter, healthier choices	
4. Staff responsible for providing nutrition education shall be trained and shall participate in appropriate professional development.		X		Staff is certified in Health Education.	Additional classes, courses, or professional development is always beneficial since standards and regulations are always changing.
5. Nutrition curriculum shall be behavior-focused skills, may take place in the various learning laboratories, and be age appropriate.	X			Grade level appropriate 6-12 Course options available 9-12: Foods & Nutrition I and II Career Planning & Life Management	

				Health and Wellness Required course 6-8: Teen Living 6 th grade Teen Living 7 th grade Health Cooking labs and classroom	
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Nutrition Program					
1. Nutrition program will create food environments that encourage healthy nutrition choices and participation in school meal programs.		X		<p>The FSD will conduct YAC "youth advisory council" meetings with a group of students to discuss their likes, dislikes, taste testing, and healthy choices offered in the cafeteria.</p> <p>Recipe of the month is a new special recipe menued each month to encourage the students to try something yummy and new!</p>	<p>The FSD will sample new items to students in the cafeteria during lunch. Special event theme days will be held to create an exciting environment in the cafeteria.</p> <p>Promotions will be held such as lucky lunch scratch off day to encourage students to eat school lunch to have a chance to win a prize.</p>
2. Staff will cooperate with agencies and community organizations to provide opportunities to explore healthy living lifestyles.			X		<p>Events such as health fairs, earth day celebrations such as "Go for the Greens", and farm to fork, are some ideas that the food service department can join in with community organizations to promote healthy lifestyles.</p>

3. Consistent nutrition messages will be disseminated and displayed throughout the district, schools, classrooms, etc.	X			Nutrition posters in place in MS/HS Health Office	Additional signage can be placed in hallways that students walk through daily.
4. District schools will offer resources about health and nutrition to encourage parents and guardians to provide healthy meals.		X			The FSD could help get involved with events such as health fairs, PTA meetings, open houses ect.

Wellness Policy Language	Fully in place	Partially in place	Not in place	Currently in Place	Options for Expansion
Physical Activity/Education					
1. Age appropriate physical activity opportunities shall be provided to meet the needs and interests of all students.	X			Students grades 6-12 must participate in a physical education class every year following state standards	
2. District shall partner with parents/guardians and community members and organizations to support programs that encourage lifelong physical activity.	X			Civic center activities: zumba, boot camp, etc. Dek hockey-used for leagues and fundraisers Field Day Camp Kon-o-Kwee	

				Camp Lutherlyn Gold Center YMCA-previous school years Metro/AAU basketball/Little Dribblers Partner w/Penn State Healthy Champion Program	
3. Physical education curriculum with Health, Safety, and Physical Education academic standards shall be developed and implemented. All students must participate in physical education. Physical activity shall not be used or withheld solely as a form of punishment.	X			Students 6-8: Physical education is required by all students 42 minutes 2-3 days a week all year Students 9-12: can chose between competitive sports or fitness, weight lifting and nutrition. Physical education is required by all students: 42 minutes either 1 semester (everyday) or all year (3 days a week; lab students)	
4. Appropriate professional development shall be provided for physical education staff.		X		Professional development is available	Professional development could focus more on content area. Teachers need to seek activities that could contribute to curriculum.
Wellness Policy Language	Fully in place	Partially in place	Not in place	Currently in Place	Options for Expansion
Other School Based Goals					

1. Nutrition professionals who are following federal regulations shall administer the school meals program. Professional development shall be provided to the staff as required by federal regulations.	X			Food service staff receives the mandated professional development training hours that are required.	
2. All food and beverages provided through the National School Lunch program shall comply with federal nutrition standards.	X			All a la carte items are smart snack compliant.	
3. Competitive foods shall meet or exceed the established federal nutrition standards (USD Smart Snacks in Schools).	X			All food meets or exceeds the federal nutrition standards.	
4. Non-competitive foods include but are not limited to rewards/incentives, classroom parties, classroom snacks shall meet or exceed the standards set forth in this policy.	X			A No Food Policy is in place	
5. The district will work to reduce the likelihood of severe allergies, implement an immediate response procedure, and protect the rights of students by implementing accommodations when required.	X			District wide staff is required annually to complete Allergy Ready training online, print certificate, and demonstration EpiPen administration to nurse. Posters are in place in MS/HS Health Office with common allergens and warnings.	